





Top Chiropractic Clinics We Refer To

Chiropractic Clinic	Midtown Back & Neck	Dr. Anne Roulo	Align Health & Wellness	Kinetic Chiro (Dr. Gretchen)
Location	Midtown STL <i>(near Fox Theater & SLU)</i>	Shrewsbury <i>(between Webster and STL City)</i>	Kirkwood <i>(Big Bend at Kirkwood Blvd.)</i>	West County <i>(Dougherty Ferry, West of I-270)</i>
Specific Chiropractor to whom we Refer	 Dr. Terence Crowley	 Dr. Anne Roulo	 DR. CAM MYERS CHIROPRACTIC PHYSICIAN	 Kinetic Team
Specializations <i>(Note: All four treat pain in neck, back, and all body areas)</i>	Disc issues, Injury, long-term back pain, sciatica, Kinesio taping, pediatric care	Low-force, gentle adjustments, Muscle testing, Functional Medicine, Acupuncture	Disc Issues, headaches, sports injuries, piriformis syndrome, sciatica, TMJ, carpal tunnel	Very skilled at working out deep muscular problems causing pain (Dr. Gretchen)
Pricing	\$65 Initial, \$35 follow-up	\$90 Initial, \$70 follow-up	After first visit (\$45 if u mention acustl), 4 visits per month for \$99, two visits per month for \$59	Sliding scale, pay what you can afford, you decide the amount
Insurance Policy	Can direct bill your insurance provider for you	Provides bill for you to mail, no direct billing of insurance	Can direct bill your insurance provider for you	No insurance needed, pay what you can at visit
Type of Clients we Send Here	Clients with pain, muscle tension, also Downtown residents & workers	Clients who want gentle treatments, with no "popping". Those with anxiety and trauma	Clients with chronic pain, muscular issues, those needing longer care visits	Clients with muscle tension and severe pain requiring a series of treatments
What we love	<u>Walk in hours</u> from 12-6pm Mon-Thur, no appt required. Most visits also include session on automatic massage table 😊	Compassionate healer. Longer sessions and advanced muscle testing techniques get you the care you need	Very experienced and personable chiropractor who has helped thousands of clients. Dr. Cam is also strong, so can work with big and tall clients.	Longer sessions: Dr. Gretchen devotes all the time needed to help, moving the client through poses to help with muscle tension
Links to website	midtownbnc.com	Holistic Fitness' Chiro Section	AlignSTL.com	Facebook Only , or call (636) 825-3812